



GO! News

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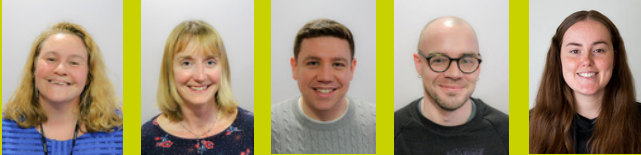
Dear Reader

Welcome to our September Welcome Edition 2024! We hope the move to Swansea went smoothly and that you are settling in to your new home!

Here at International Campus Life, we have been organising a wide range of events for our welcome programme. Our aim for these events is to give you the opportunity to meet new people, to get to know the local area and most importantly to enjoy the first few months of your University experience! Do not worry, we have events running all year long!

If you have any event suggestions please email gosocial@swansea.ac.uk - we greatly appreciate them!

We also have information on volunteer opportunities and where you can access advice and support. Emma, Fiona, Abbie, Nick, Nic, Mike, Kayleigh, Beth
International@CampusLife



International@CampusLife

Here to help

International@Campuslife (ICL) are here to help and support International students with non academic queries. In particular we can help with visas and immigration, international family questions and cultural aspects of living in the UK. We also provide opportunities for social interaction and community building through our GO! Programme.

Remember - we are here to support you! Please visit our website to explore our pages of advice and guidance, as well as details on how you can get in contact with us via email, Live Chat, ad hoc webinars or other online activities:

www.swansea.ac.uk/international-campuslife/

We also have our Instagram account, where you can tag us and when you go to our events and keep an eye out for photos of our students enjoying Swansea University!

<https://www.instagram.com/campuslifesu/>

What's Going On?

Our Welcome programme will be packed with fun-filled activities including activity-filled welcome days, trips to Welsh cities, film nights, board game evenings and a chance to get to know Swansea Town Centre with our GO! Walks.

We have many activities that will widen your imagination, give you the opportunity to meet new friends and make your time at Swansea University the best it can be!

Here is a list of some of our upcoming events:

- 17th September - GO! Social: Beach on the Bay
- 17th September - GO! Social: Picnic in the Park
- 19th Sept and 26th Sept- GO! Social: Coffee and Chat
- 20th September - GO! Trip: Cardiff by Train
- 25th September - GO! Social: Board Game Bonanza
- 27th September - GO! Film: Willy Wonka & the Chocolate Factory
- 28th Sept and 12th Oct- International Welcome Day
- 30th Sept and 7th Oct - GO! Social: Welcome Breakfast
- 2nd, 9th and 16th October - GO! Walk: Explore Swansea
- 5th October - GO! Trip: Tenby
- 11th October - GO! Film: War of the Worlds
- 19th October - GO! Trip: Bristol
- 22nd October - GO! Eat: Desi Swaag

All of these events and more can be booked at:

<https://university-swansea.native.fm/group/5010/international-campus-life>

GO! Programme Lookback GO! Trip: Margam Park



Our GO! Trips are always International@CampusLife's most popular events. In August we first headed to Margam Park in Neath Port Talbot. Margam Country Park is a country park estate in Wales, of around 850 acres, with plenty to explore and do! Students enjoyed picnics, GO! Ape, Margam Castle, visiting the farm animals and watching out for the many deers on site!

"New place, wonderful palace and great country park"

"There were quite a few things to explore"

"It was great having events on when we were there!"

Meet the GO! Team

In each edition we will meet another GO! Team Member!

Name: Godwin Ampaw
Course: Msc Health Informatics
Nationality: Ghanaian



Why did you choose to study at Swansea University?
 My decision to study at Swansea was driven by its reputation as one of the finest institutions offering my chosen program, the welcoming community, diverse international student body, and the captivating beaches that provide a unique learning environment.

Why did you decide to volunteer as a GO! Team member? My commitment to community service, selflessness, and a genuine love for serving others led me to actively seek opportunities to contribute meaningfully during my time at Swansea. It was this passion that drew me towards becoming a GO! Team member. The ethos of community engagement and the impactful initiatives facilitated by the GO! Team resonated with my values, making it an ideal platform for me to make a positive difference.

What do you see as your main role as a GO! Team member? As a GO! Team member, my primary role is to engage with and support the community through various service initiatives. This involves fostering a sense of unity, creating positive experiences, and addressing community needs, all while embodying the values of empathy and inclusivity.

What makes a good GO! Team member? In my opinion, a good GO! Team member is characterized by a genuine commitment to the welfare of fellow students, strong communication skills, and the ability to collaborate effectively. It involves being empathetic, approachable, and proactive in addressing the needs of the community.

What has been the best thing about being a part of the GO! Team so far? The most rewarding aspect has been witnessing the tangible impact of our efforts on the community. Whether it's organizing events, supporting local initiatives, or fostering connections, every small contribution adds up to create a positive and vibrant community spirit.

Why do you think other students should apply to be part of the GO! Team?
 Joining the GO! Team is a chance to actively participate in creating a positive and supportive community. It offers a unique opportunity to develop leadership skills, cultivate a sense of belonging, and make lasting connections. By becoming a GO! Team member, you not only contribute to the community's well-being but also enrich your own university experience through meaningful engagement and shared accomplishments.

The GO! Team Volunteer Programme

Volunteering is a great way to meet people, gain employability skills and get involved with the community.

If you'd like to volunteer as a GO! Team Member, and want more information please register for a discovery account and sign up to be a GO! Team Volunteer here:

<https://volunteering.discoverysvs.org/volunteers/opportunity/10193151> or email gosocial@swansea.ac.uk.



GO! Eat | Cost £10 - 15 (usually)

Since starting a couple of years ago, our GO! Eat evenings have grown in popularity - International and Home Students have come along to a different Swansea-based restaurant each month to enjoy food from all the over the world and meet new friends too! Our host restaurant will typically provide us with a £10/15 set-menu for us and there's always plenty of food! GO! Eat evenings are advertised across social media and tickets are sold via

<https://events.swansea.su/group/313/campus-life>



Top 5 cultural things to know in Swansea!

Moving to another country can be daunting and nerve-wracking, to help settle you in, we've got some tips to help you settle in!

- **Sundays** - In the UK, shops are closed earlier than usual, normally this is by 4pm, so bear this in mind when out and about!
- **Buses** - When getting off the bus, don't forget to thank the driver!
- **Queuing** - this is something that we do well here in the UK! If you try jump the queue, you will get some side eye so be careful and be patient! Even if you are in a hurry you should not cut in front of others as this is seen as rude.
- **Greeting** - not only do we say hello, we also say OK? Alright? It's just another form of greeting rather than asking how you are!
- **Apologising** - Bumped into someone? Say sorry before walking away. Need to get someone's attention? Start your sentence with sorry. Need to squeeze past someone in a crowded room? You guessed it – say sorry as you move past.

hapus

The Student Life Toolkit
 Pecyn Cymorth Bywyd Myfyrrwyr

Hapus is an online course that prepares you for the mental, emotional, and practical challenges of university. It provides you with the knowledge and tools to deal with issues such as social anxiety, managing your money and low mood. You can access the course [via your Canvas account](#).

It is available in English, Welsh, Arabic and Chinese